Your GuidanceResources® Work-Life Benefits

"Finding life's balance is a lot easier with the help of the work-life specialists at GuidanceResources. They are knowledgeable and full of ideas, resources and solutions for my everyday challenges."



Are you:

A parent looking for:

- > Child care
- > Nanny services
- > Before- and after-school care
- > Camps
- > Financial assistance
- > Adoption information
- > Answers to parenting questions

A family member of an elder who needs:

- > Home health care
- > Respite care
- > Community services
- > Help determining the right level of care
- Screened referrals for assisted living and nursing homes
- > Hospice information

Looking for a place to live? Get help with:

- > Finding an apartment
- > Finding movers
- > Relocating to another city
- > Choosing a realtor

- School and neighborhood information
- > Housing and utility assistance

A pet owner? Get information on:

- Dog walkers
- > Kennels and pet care
- Veterinarians
- Obedience classes
- > Pet insurance

Sending a child off to school? Learn about:

- Choosing schools, from preschool through college and beyond
- > Financial aid
- Scholarships
- > Tutors
- > Special needs

Planning a major project? Find resources and qualified experts for:

- > Weddings and other events
- > Home improvement products
- Vacation planning
- Making a big purchase, such as a home or car

Get the help you need. Here's how:

Just call your GuidanceResources toll-free number. You'll be connected to a GuidanceConsultantSM who will talk with you about your specific needs. Our work-life specialists will research your question, and, in just a few business days, send you a complete packet of practical information including prescreened referrals (as appropriate), HelpSheetsSM on your subject and much more. The materials can be delivered to you via e-mail, fax or second-day air.

ComPsych® GuidanceResources®

Call:

TDD: 800.697.0353

Go online:

guidanceresources.com Your company Web ID: